California Housing Workers' Compensation Authority



Presenters

Jackie Miller, Workers' Compensation Program Manager Iris Penales, Senior Risk Control Consultant

Lunch & Learn

 $\begin{array}{c} \text{Culture of Care - Wellness in the} \\ \text{Workplace} \end{array}$

May 2, 2024 at 11:30am

The stressors in the world can become too much for many. Mental health has an impact on an individual's overall well-being, productivity, and workplace dynamics. In recent years, there has been several emerging trends in workers' compensation claims related to stress as a loss driver.

CHWCA recognizes there is a growing need to address mental health in the context of workers' compensation and risk control.



This session will provide information on the impact of mental stress to the CHWCA Program. Information on recognizing stress and navigating the management of your staff during stressful situations will the focus of this session.